Dear Parents and Caregivers

This week, we begin the season of Lent on Ash Wednesday and will observe this special day in the Church calendar with the distribution of Ashes during a liturgy after Pastoral Care. Lent is a time when we prepare for Easter by observing a period of prayer, fasting and almsgiving. The purpose is to set aside time for reflection on Jesus - his life, death and resurrection. Lent is an opportunity for all of us to undertake a spiritual stock-take of our lives. It is a time to reflect on how we treat others, the environment and ourselves. Most importantly, it is a time for us to renew our relationship with our God and look for ways to put our faith into action. Thank you to Mrs Doohan for the preparation of our liturgy and to the students and staff for their participation. Three students Will Davis, Maddie Mellers and Maddie Edgerton participated in a short Drama that explained the meaning of the Ashes. During the performance, students were encouraged to give up something for Lent and to donate to Project Compassion as well as reflecting on their lives so that they become a better version of themselves. On Shrove Tuesday, the day before Ash Wednesday, Peita Mc Clenaghan and Jake Dickinson made pancakes for students. Shrove Tuesday is also known as Mardi Gras which is French for Fat Tuesday, referring to the practice of the last night of eating richer, fatty foods before the ritual fasting of Lent, which begins the following day.

This week our Year 9 students received their laptops. I would like to thank Mr Woodhouse for addressing the parents and their students on Monday evening about the Year 9 Laptop program and also Mr Woodhouse and Jake Kenyon for the organisation of the evening and preparation of the laptops for the Year 9 students. The students were very keen to take possession of their new device. However, with a laptop comes much responsibility.

The Internet is a wonderful place for learning and entertainment, but like the world around us, it can pose dangers if precautions are not taken. Allowing free access puts your child, your computer and your personal data at risk. Help to instil good judgment in your children by encouraging them to take some common sense steps.

The first step is STOP. THINK. CONNECT.

Keep a Clean Machine; Protect Your Child’s Personal Information; Connect with Care; Be Web Wise; Be a Good Online Citizen.

STOP. Before you use the Internet, take time to understand the risks and learn how to spot potential problems.

THINK. Take a moment to be certain the path is clear ahead. Watch for warning signs and consider how your actions online could impact your safety, or your family’s.

CONNECT. Enjoy the Internet with greater confidence, knowing you’ve taken the right steps to safeguard yourself and your computer.

Here are some more family online safety practices: Know the protection features of the ISPs (Internet service provider) and software your children use; Remain positively engaged; Support student’s good choices; Teach critical thinking; Explain the implications; Just saying “no” rarely works; Empower your children to handle problems.

Please take some time to read the full article later in the newsletter.

Each year, the College together with the P and F organises a Working Bee where parents and staff get together to carry out some work in the school grounds. This work helps Mr Wilkinson (our groundsman) who does a wonderful job maintaining our gardens and surrounds. The next Working Bee will be at the College on Saturday 15 March from 7 am to 10.30 am. There is a plenty of gardening work to be done and I look forward to seeing you on this day. Please bring mowers, whipper snippers, hedge clippers and other tools you think may be of use. The P and F has kindly offered to organise a BBQ at the completion of the morning. I look forward to seeing you on Saturday week.
There has been extensive media coverage of the Royal Commission into the Institutional Responses to Child Sexual Abuse in recent times given the focus of the Commission on a case study from a Catholic school in the Diocese of Toowoomba. Brisbane Catholic Education does not have oversight of Catholic schools in that diocese, but the resurfacing of this case may again undermine the confidence of the broader community in the safety of students in Catholic schools generally.

The hearings uncovered further disturbing information about the way in which the Church has so poorly handled allegations of sexual abuse against children. We can only begin to imagine the suffering of those children and the impact on their families. We offer our most sincere apologies, again, for what occurred and reiterate our absolute determination to do all we can to ensure that children and young people are safe in our schools and that crimes like this do not happen again.

Please be assured that our school, along with all Catholic schools in the Archdiocese of Brisbane, has in place clear policies and procedures for dealing with all allegations of sexual abuse, including those not related to a school setting. These policies and procedures are available to all parents and are published on the Brisbane Catholic Education website.

Parents will receive in the mail a letter from Archbishop Mark Coleridge, Archbishop of Brisbane and Pam Betts, Executive Director of Brisbane Catholic Education, to assure parents of our continued commitment to ensuring our Catholic schools are safe for your children. If you did not receive a copy of the letter, please contact the school office and we will arrange for a copy to be sent to you.

The Queensland Government is conducting its annual state-wide survey of all students who completed Year 12 in 2013. The Next Step survey is a brief, confidential survey that gains a comprehensive picture of the employment, study and life choices made by Queensland school completers in the year after they finish Year 12.

Between March and June, all our students who completed Year 12 last year can expect to receive instructions to complete a web-based survey or a telephone call from the Queensland Government Statistician’s Office to complete the survey. Please encourage them to take part. If their contact details have changed, please assist the interviewer with their updated details or forward the survey to their new address so they can participate. Thank you for your support of the Next Step survey in 2014.

For more information visit www.education.qld.gov.au/nextstep/ or telephone toll free on 1800 068 587.

St Maximilian Kolbe, Pray for us
St Marcellin Champagnat, Pray for us
Mary Our Good Mother, Pray for us
And let us remember to always pray for each other,

Mandy Sullivan
Acting Principal

TERM ONE SCHOOL FEES

Now Due
Please contact the finance office if you are having difficulties paying your account.
Deputy Principal

Prayers Please

As you are all aware, Sam is away all this term, and maybe next, so that he can concentrate on becoming well. Could I ask that everyone please remember Sam and his family in their prayers?

Uniform & Equipment

We are still struggling with a small number of students being in the incorrect or incomplete uniform, as well as bringing the incorrect bags and hats to school. Could you please remind your child of the agreed, College expectations?

The wearing of the incorrect shoes and socks is a particular problem: the shoes for the formal uniform are black, hard-leather, polished lace-ups (not black, soft-leather skate shoes, ballet slippers, ‘Vans’ and the like).

Unfortunately, we have a few instances where we have had to send students home until they can turn up to school in the correct uniform and with the correct haircuts. (As a reminder, the uniform policy includes travelling to and from school – students must wear their full uniform and wear it correctly). If there is a genuine problem, please contact us or send a note with your child.

Behaviour In and Out of School

Related to uniform is behaviour. Could I ask all parents and carers to remind their child about the correct behaviour – and language – when they are out in the community, especially when they are in uniform? We do not get too many calls complaining about our students’ behaviour, and to be fair, we do get a number praising the behaviour of our students, but ideally, not having any of the former would be ideal. I will certainly mention language, behaviour and the like, at our next assembly, but if this message could be reiterated at home, it usually carries greater weight.

A particular problem of late has been student language, noise and general lack of cooperation whilst travelling on trains.

Planner

Tied in with the equipment issue is the student Planner. Students need to take a pen and their Planner to all non-prac classes (unless otherwise advised), as well as taking the Planner home and bringing it back to school each day. This is essential for keeping communication open between the College and home. The Planner contains important information about school, events, expectations, assignment writing and homework (though the College appreciates that the latter is specially tailored for some students). It is also an easy way for home to advise the College of absences, requests for interviews, etc. as well as the College informing parents about RTC visits, counselling appointments and the like. Would you please remind your child about the Planner’s importance and why it needs to come home and go to each class on a regular basis? Your assistance in this matter is greatly appreciated.

Marist Prayer

Sub tuum praesidium
confugimus,
Sancta Dei Genitrix,
Nostras deprecationes ne despicias
in necessitatis nostris,
se a periculis cunctis
libera nos semper,
Virgo gloriosa et benedicta

Humility, Simplicity and Modesty

Quotation of the Week

The happiness of your life depends upon the quality of your thoughts: therefore, guard accordingly, and take care that you entertain no notions unsuitable to virtue and reasonable nature.

Marcus Aurelius (26 April A.D. 121 – 17 March A.D. 180, Roman Emperor and Stoic philosopher)

Sts Maximilian Kolbe and Marcellin Champagnat pray for us. St Mary of the Cross, pray for us.

Markus Ebeling
Deputy Principal
Lent

Ash Wednesday marks the beginning of the Season of Lent. It is a time of penance observed with fasting and abstinence. During this 40 day period, we look for opportunities to reflect on our lives and challenge ourselves to give more time to our faith and relationships with others.

This morning we joined together as a community for the distribution of Ashes. This liturgy reminded us as Christians, that Lent is a time to really focus on what is important in life. During Lent we are encouraged to recognise our failings and to detach ourselves from worldly possessions. We will work together as a community to support Caritas Australia’s Project Compassion appeal.

The Gospel reading used in our Liturgy today was The Beatitudes taken from the Gospel of Luke. It gives us a blueprint for Christian living, teaching us what is of value in life. The Beatitudes invites us to pray for a better world and to become part of God’s answer to that prayer.

The Beatitudes

Blessed are those who recognize their need for God, who acknowledge their dependence on God and the gifts he has to offer them.

Blessed are those who though they are blessed with families and friends are still very concerned with the pain and suffering of others.

Blessed are the generous people who give of their love, their time, their money.

Blessed are the “big people” who can forgive those who are petty, angry, rude and seek to find happiness in the good qualities of the people around them.

Blessed are those who respect a person as an individual and do not prejude him or her because of race, colour, economic background or sexual identity.

Blessed are the teenagers who respect their parents, and who contribute to the family with their time and communication.

Blessed are the peacemakers who go out of their way to forgive and bring unity to a family before it is divided for years.

Blessed are those who mourn the loss of a loved one and who, because of their hope in Christ, work through this pain and anger.

Blessed are those who look with kindness on all people and who appreciate the people in their lives who teach them to use their God given talents.

Blessed are those people who are most sensitive to pain and injustice around them. By their example they help us to be patient, loving, and forgiving.

Thank you to the staff and students who helped with the preparation of today’s liturgy.

Year 10 Reflection Day

All Year 10 students will participate in the Reflection Day to be held on the 12th March at the Frederick Marsden Youth Centre, Kallangur. This day forms a compulsory part of the Religious Education Program. All students are expected to attend and participate fully in the day. Students are able to wear FREE DRESS for this day. Please read the student planner for the College Policy regarding Free Dress attire.

Please return permission slips to the office as soon as possible.

Janelle Doohan

APRE
On Remembrance Day last November the College Community gathered in Our Lady of The Way church to remember and to pray for the soldiers who have lost their lives in recent conflicts defending our country. Afterwards, some of our students and staff wrote letters to the families of these brave soldiers. Over the past three weeks, we have received letters from the Palmer family, the Case family and also a card from the Bewes family.

These families in particular were so touched by the thoughtfulness displayed by our community in reaching out to them in their grief that they wrote to the individual students and staff to thank them. We of course understand that often it is very hard to put into words the thoughts and thanks of people who are grieving and certainly did not expect such a response. Therefore not all students who wrote letters have had such lovely letters. On behalf of the other families who received letters from our community I say thank you for the prayers, well wishes and generosity of spirit displayed by all students who wrote letters to these families.

I also include here excerpts from the letters received by myself. Each family has asked me to share their words with our College community.

Dear Maree,

I am sorry that this has taken time to write but some days are just not good days. Your beautiful letter makes us more aware of how many kind and caring people who silently care and think about our amazing son Marcus.

Marcus was the youngest of our six children and is greatly missed by us all. He went to St Bedes Primary School in North Balwyn and then to Xavier College Kew. He was a student at Melbourne University when he first joined the Army as a reservist.

One of Marcus' brothers has now moved with his family to Brisbane. I will be visiting them some time soon so I would love to come and meet Josh Miller, Kaelyn and Josh from Year 11 and of course you as well.

I am thrilled to hear how so many of your pupils have honoured our fallen sons in this positive way.

May God Bless you all and keep our beautiful sons in your prayers as you are all in mine.

Fondest regards
Lee Case

To Principal Sam Puglisi and students of Mt Maria College,

We would like to thank you for the DVD and letters written to us after your 2013 Remembrance Day Ceremony. It has meant a lot to us.

We have not met Mrs Suzanne Thomas (who spoke about her son at the Remembrance Day Ceremony and had travelled from Perth), but it would have been a very proud time for her to share her son's story with your school. As we read the letters from the students the fact that they know more about Remembrance Day and what an important day this is in Australian History.

Thank you to all for your kind words and prayers.

Kay, Gary, Stephanie Bewes and Alice Walsh
Dear Maree, Staff and Students

I am writing this letter to you on behalf of myself and my husband Ray, to say thank you for the lovely package that we received from your amazing students and your school.

It was a deep honour to receive their heartfelt letters and they are in our album of other amazing letters that were sent through to us. WE must admit these did bring great honour, in the fact that these young people actually took the time to sit down and write us a letter on this special event held at your school last year.

Each letter has certainly given us a pride to no other, seeing that they took the time out to do this for a family that has lost their son. It was such a wonderful thing to do. It is so nice to think that our young men will always be remembered.

Our son Scott was only 27 when we was taken from us. He was on his last mission before coming home with only two weeks to go when his helicopter went down. His best mates Tim Aplin and Ben Chuck were also in the accident and seven other young soldiers were also tragically injured with awful wounds.

We could never stop Scott from joining the Army, it was his love and then he got selected for the Commandoes and he never looked back. We decided that we could only support him, even though we were not that keen, especially myself, but it was his life, what could we do but support his decision.

We hope you could do us a special favour. We would like you to pass on these letters that we have written to each of these young students for us. We have also included some paperwork for the staff of Mt Maria College, Petrie so they can also know our son Scott's life prior to joining the Army and his life in the Army with his second family so to speak.

Once again to you and the staff at Mt Maria College Petrie, thank you from the bottom of our hearts.

Warmest regards
Pam and Ray Palmer
Coffee comes to KCC

Great coffee is now on the menu at our award-winning college canteen, and staff and students are loving it!

To celebrate KCC’s major successes in 2013 at the QAST Tuckshop of the Year awards, our principal, Mr Puglisi supported the purchase of a commercial grade espresso machine and grinder for our canteen.

Our convenor, Peita says “It’s the canteen’s opportunity to provide that little bit of extra support to our staff members and to thank them for including KCC in everything they do.”

Unlike most schools, our canteen is integrated into the school’s activities at every level which helps to sustain the tuckshop and make it a viable service to the school community. Our teachers include KCC in everything from recycling to catering, purchasing for camps and excursions, sporting and social activities and classroom curriculum. KCC is all about building a partnership with the school and the coffee service has been extremely successful at doing just that.

KCC’s Volunteer of the Month, Tim Clish has been a dedicated canteen assistant for over a year and he says the skills he has gained as a result have helped him to attain casual work within the hospitality industry.

“Our college’s canteen is the best!” said Tim. “We have the best menu, the best volunteers and the best staff, and as student volunteers, we’re learning all the time. The introduction of our coffee service means that kids will now have the chance to gain some very marketable skills, and I’m really looking forward to that.”

“Everybody loves coffee!” says Mrs McClenaghan, “And our decaffeinated range is sublime! The kids can’t even tell its decaf!”

Vocational Education Training and Careers

Want to fast tracking your way to Tertiary Education?

Australian Catholic University at Banyo are offering Year 11 and Year 12 students from our partner schools an opportunity to undertake a university unit whilst still at school. This is a great way to get a head start on your tertiary education, and experience life as a university student. There are no fees/HECS involved and you will receive 2 bonus points towards your QCE.

The following subjects are available–commencing in the June/July school holidays:

<table>
<thead>
<tr>
<th>Subject</th>
<th>Intensive days at ACU</th>
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<tbody>
<tr>
<td>1. Arts- 2D Studies 1-ARTZ109</td>
<td>30th June-3rd July (Online support throughout)</td>
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<tr>
<td>2. Business- Principles of Marketing -MKTZ100</td>
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<tr>
<td>3. Education-Children’s Literature for Literacy-EDLZ108</td>
<td>30th June-3rd July (Online support throughout)</td>
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Applications close Friday 4th April 2014.

For further information please contact your Careers Advisor/Head of Department or Maureen Davis, P: 3623 7668, E: maureen.davis@acu.edu.au

www.acu.edu.au
We are so fortunate at this beautiful College to have lots of wildlife surrounding us. These curlews are nesting in the bushland near the College entrance. This family of three curlews happily watch passers-by as they stop to admire them.

Maree Beekman
Finance Secretary
The Internet is a wonderful place for learning and entertainment, but like the world around us, it can pose dangers if precautions are not taken. Allowing free access puts your child, your computer and your personal data at risk. Help to instil good judgment in your children by encouraging them to take some common sense steps.

The first step is STOP. THINK. CONNECT.

**Keep a Clean Machine.**
- **Keep security software current:** Having the latest security software, web browser, and operating system are the best defences against viruses, malware, and other online threats.
- **Automate software updates:** Many software programs will automatically connect and update to defend against known risks. Turn on automatic updates if that’s an available option.
- **Protect all devices that connect to the Internet:** Computers, smart phones, gaming systems, and other web-enabled devices all need protection from viruses and malware.

**Protect Your Child’s Personal Information.**
- **Help your kids own their online presence:** When available, set their privacy and security settings on websites to your comfort level for information sharing. Remind them that it’s ok to limit how and with whom they share information.

**Connect with Care.**
- **When it doubt, throw it out:** Remind your children that links in emails, tweets, posts and online advertising are often the way cybercriminals compromise your computer. If it looks suspicious, even if you know the source, it’s best to delete or, if appropriate, mark as junk email.

**Be Web Wise.**
- **Stay current. Keep pace with new ways to stay safe online:** Check trusted web sites for the latest information, share with your children, and encourage them to be web wise.

**Be a Good Online Citizen.**
- **Safer for me, more secure for all:** What you and your kids do online has the potential to affect everyone – at home, at work and around the world. Practicing good online habits benefits the global digital community.

**STOP.** Before you use the Internet, take time to understand the risks and learn how to spot potential problems.

**THINK.** Take a moment to be certain the path is clear ahead. Watch for warning signs and consider how your actions online could impact your safety, or your family’s.

**CONNECT.** Enjoy the Internet with greater confidence, knowing you’ve taken the right steps to safeguard yourself and your computer.
More Family Online Safety Practices:

· **Keep a clean machine:** Safety and security start with protecting all family computers. A security suite (anti-virus, anti-spyware, and firewall) that is set to update automatically. Keep your operating system, web browsers, and other software current as well, and back up computer files on a regular basis.

· **Know the protection features** of the ISPs (Internet service provider) and software your children use. All major ISPs have tools to help you manage young children’s online experience (e.g., selecting approved websites, monitoring the amount of time they spend online, or limiting the people who can contact them) and may have other security features. But remember that your home isn’t the only place they can go online.

· **Remain positively engaged.** Pay attention to and know the online environments your children use. Surf the Internet with them. Appreciate your children’s participation in their online communities and show interest in their friends. Try to react constructively when they encounter inappropriate material. Make it a teachable moment.

· **Support their good choices.** Expand your children’s online experience and their autonomy when developmentally appropriate, as they demonstrate competence in safe and secure online behaviour and good decision making.

· **Teach critical thinking.** Help your children identify safe, credible websites and other digital content. Encourage them to be cautious about clicking on, downloading, posting, and uploading content.

· **Explain the implications.** Help your children understand the public nature of the Internet and its risks as well as benefits. Be sure they know that any digital info they share, such as emails, photos, or videos, can easily be copied and pasted elsewhere, and is almost impossible to take back. Things that could damage their reputation, friendships, or future prospects should not be shared electronically.

· **Just saying “no” rarely works.** Teach your children how to interact safely with people they “meet” online. Though it’s preferable they make no in-person contact with online-only acquaintances, young people may not always follow this rule. So talk about maximizing safe conditions: meeting only in well-lit public places, always taking at least one friend, and telling a trusted adult about any plans they make – including the time, place, and acquaintance’s contact information (at least a name and cell phone number).

· **Empower your children to handle problems,** such as bullying, unwanted contact, or hurtful comments. Work with them on strategies for when problems arise, such as talking to a trusted adult, not retaliating, blocking the person, or filing a complaint. Agree on steps to take if the strategy fails.
### Senior School Assessment Items—Term 1 2014

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<th>YEAR 12</th>
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<td>Macbeth – Trial of Macbeth New Editorial (Exam)</td>
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<td>English Communication Functional English</td>
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<td>Peace Studies Multimodal Presentation Folio of research notes/questions</td>
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<tr>
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<td>Booklet or Online Activities</td>
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<td>Ongoing Activities</td>
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<tr>
<td>Business</td>
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<td>Project: Multimedia presentation (team project proposal)</td>
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<td>Recreation</td>
<td>Continuous/School Cross Country Week 10</td>
<td>Fitness Practical Fitness Diary Fitness Brochure</td>
<td>Fitness Practical Fitness Diary Fitness Brochure</td>
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<tr>
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<tr>
<td>Creative Arts (Visual Arts)</td>
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<td>Art as Observation Personal Reflection/Experimental Folio Collection of Artworks</td>
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<tr>
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<td>Creating a game Game Making</td>
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<td>Cert III Modules Case Study Routines</td>
<td>Cert III Modules Case Study Routines</td>
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<td>Forensic Science Case Study Report</td>
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<td>Biology</td>
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<tr>
<td>Manufacturing</td>
<td>Week 9</td>
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<td>Table Construction</td>
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### Junior Curriculum

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<th>Unit</th>
<th>Assessment</th>
<th>Drafts Due</th>
<th>Final Copy Due</th>
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</thead>
<tbody>
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<td>Presentation</td>
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<td>Maths</td>
<td>Operations/Data</td>
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<td>On going</td>
<td>On going</td>
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<tr>
<td>Religion</td>
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<td>On going</td>
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<tr>
<td>History</td>
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<td>Art</td>
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<td>Class Tasks</td>
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<td>On going</td>
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<tr>
<td>Music</td>
<td>Introduction to Music</td>
<td>Class Task</td>
<td>On going</td>
<td>On going</td>
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<tr>
<td>HPE</td>
<td>Healthy Living</td>
<td>Practical Brochure</td>
<td>On going</td>
<td>In class On going Week 9</td>
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<tr>
<td>Drama</td>
<td>Introduction to Drama</td>
<td>Class task</td>
<td>On going</td>
<td>On going</td>
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<tr>
<td>Graphics</td>
<td>Introduction to Graphics</td>
<td>On going</td>
<td>On going</td>
<td>On going</td>
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<tr>
<td>Home Economics</td>
<td>Home Skills</td>
<td>Class Task</td>
<td>On going</td>
<td>On going</td>
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<tr>
<td>ICT</td>
<td>No assessment</td>
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### Junior School Assessment Items—Term 1 2014

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<th>Year 9 Term One</th>
<th>Subject</th>
<th>Unit</th>
<th>Assessment</th>
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<tr>
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<tr>
<td><strong>Maths</strong></td>
<td>Congruence</td>
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<td>On going</td>
<td>On going</td>
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<tr>
<td><strong>Religion</strong></td>
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<td>In class</td>
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<tr>
<td><strong>History</strong></td>
<td>Industrial Revolution</td>
<td>Written Response Presentation</td>
<td>In class</td>
<td>Wk 6 Wk 9/10</td>
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<tr>
<td><strong>Science</strong></td>
<td>Chemistry</td>
<td>Practical Open Book Exam</td>
<td>On going</td>
<td>On going Wk 8</td>
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<tr>
<td><strong>Art</strong></td>
<td>Pottery</td>
<td>Folio Work</td>
<td>On going</td>
<td>On going</td>
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<tr>
<td><strong>Music</strong></td>
<td>Community Health</td>
<td>Booklet</td>
<td>In class</td>
<td>Wk 10</td>
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</tr>
<tr>
<td><strong>HPE</strong></td>
<td>Community Health</td>
<td>Physical Brochure</td>
<td>On going</td>
<td>On going Wk 9</td>
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<tr>
<td><strong>Drama</strong></td>
<td>Slap it on</td>
<td>Performance &amp; Written response</td>
<td>n/a</td>
<td>Wk 8 Wk 9</td>
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<tr>
<td><strong>Home Economics</strong></td>
<td>Home Skills</td>
<td>Class Task</td>
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<th>Year 10 Term One</th>
<th>Subject</th>
<th>Unit</th>
<th>Assessment</th>
<th>Drafts Due</th>
<th>Final Copy Due</th>
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<td>Romeo &amp; Juliet</td>
<td>Presentation</td>
<td>In Class</td>
<td>All presentations completed by Wk 10</td>
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<td><strong>Religion</strong></td>
<td>The Mystery of God</td>
<td>On going</td>
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<td><strong>History</strong></td>
<td>Roaring 20’s</td>
<td>Poster (1920’s) Presentation</td>
<td>In class</td>
<td>Wk 5 Wk 7</td>
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<td>Genetics</td>
<td>Practical Report</td>
<td>In class</td>
<td>Wk 7</td>
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<td><strong>Business</strong></td>
<td>Information Procedure</td>
<td>Open book Exam</td>
<td>Wk 8</td>
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<td>Art inspiration</td>
<td>Folio Work</td>
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<td><strong>HPE</strong></td>
<td>Risky Behaviour</td>
<td>Practical Written response</td>
<td>On going</td>
<td>On going Wk 6</td>
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<tr>
<td><strong>Music</strong></td>
<td>And Now For Something Completely Different</td>
<td>Performance And Response</td>
<td>In class</td>
<td>Wk 9</td>
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<tr>
<td><strong>Home Economics</strong></td>
<td>Home Skills</td>
<td>Class Tasks</td>
<td>Class Tasks</td>
<td>Class Tasks</td>
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<td>Exam</td>
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<td>Shakespeare</td>
<td>Class Tasks</td>
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### Office REMINDER

*Can you please ensure you have signed and return to the office*

**BLANKET EXCURSION FORM FOR BUS TRAVEL TO AND FROM EXCURSIONS / CAMPS**

You can print this form from our website, below is the link:

The next P&F meeting is on Wednesday, 19th March at 7.00 - 8.30 pm in the staff room. This meeting is the 2014 Annual General Meeting. All welcomed.

Parents of Mt Maria College, please join us for dinner (mums and dads are welcomed)!

Zigabollis Italian Restaurant
454 Symeic Road, Strathpine

On Friday evening, 21st March at 6.30 pm

Please reply to Donna at wyersd@bigpond.com/ text 0488181 999 by 17th March.

Looking for a way to become involved in our College? Maybe you could consider coming along to our monthly P&F meetings or having your name added to our list of volunteers on The Caring Hearts Network.

THE CARING HEARTS NETWORK is to support families that could do with a helping hand for a short period due to a member of the family being ill, in hospital or if the family have suffered a loss or traumatic event. We can do this by providing meals or support in any other capacity that we may be called on for by the College admin team.

We all have different abilities and gifts - we therefore ask that you consider how you can be involved in this network. As we are a small College community, we anticipate that it is only occasional that we will need to offer this support. If you would like to be on THE CARING HEARTS NETWORK, please email or phone me to be added to our volunteer list.

Remember - No one can do everything, but everyone can do something!

Or... if a daytime outing suits you, please join us at the Frothes Coffee Shop at Aspley Special School on Friday 28th March at 10:00 am.

If you haven’t had the chance to visit this unique Coffee Shop, you will find it is very enjoyable and good value. Often students from Mt Maria College are there serving and cooking in the kitchen.

Please reply to Janene at neneshop@optusnet.com.au by Monday 14th March so numbers can be confirmed.

We have been given the opportunity to be part of a way of raising funds for our College. List your property for sale with Glen Ross Properties and when your property sells, they will donate $1,000 of their commission to Mt Maria College Petrie. For more details, go to Glen Ross Properties, 2a/15 Discovery Drive, North Lakes. Phone: 3491 8344 or email: info@glenrossproperties.com

If you have an issue that you would like raised at a P&F meeting, please contact Donna Wyers - 2013 P&F President.

Email - wyersd@bigpond.com or phone 0488 181 999
MT. MARIA PARENTS AND FRIENDS ASSOCIATION

You are invited to 2 P&F Organised Social Events.
A great chance for you to meet some new Mt Maria parents/carers or catch up with some you haven’t seen for a while.

Friday Night – 21st March 6:30pm - Dinner
at Ziggabalis – Strathpine

Yummy Italian food.
Licenced Restaurant.
Casual Atmosphere.

** They have Gluten Free Options

Address: Shop 5, The Crossroads, 454 Gympie Road, Strathpine QLD
RSVP BY Friday 7th March to Janene - neneshep@optusnet.com.au

Friday Morning – 28th March 10:00am - Morning Tea
at Frothee Coffee – Aspley Special School

The coffee shop is run to industry standard, provides invaluable skills training opportunities for students (including some MMCP) and is a wonderful meeting place.

A cute café and food is delicious, professionally presented and cheap.
Lots of coffee options, sweets and savouries.

** They have Gluten Free Options

Address: 751 Zillmere Road, Aspley QLD 4034
RSVP BY Friday 14th March to Janene - neneshep@optusnet.com.au
This event is about Autism Awareness and raising money for ASD Kidz & Familyz Inc to continue supporting families in the Caboolture and Morayfield area. It will be held at Centenary Lakes on Wednesday 2nd April 2014 starting from 5.30pm. We will have stalls and service providers and a sausage sizzle, as well as a bubble blowing activity. We will all gather at the BBQ area near the toilets. Between 6 -6.30pm we will be walking to the corner of Morayfield Road and King Street, Caboolture. Come dressed in blue and support families with Autism. Please share with other families.

For any other information or interested in having a stall, please contact Jessica on 0427587611 or email asdkidzfamilyz@live.com.au

Thanks
Jessica
ASD Kidz & Familyz Inc
Children First

Children First is...

- A program for children aged 5 - 15 years who are adjusting to family life after the separation or divorce of their parents.

- A fun, educational peer support group program that is designed to help children come to a better understanding of the separation or divorce of their parents, and also to help them adjust and adapt to the significant changes in their family life.

There are 4 levels in the program:

- Level 1: 5 - 7 years
- Level 2: 8 - 10 years
- Level 3: 10 - 12 years
- Level 4: 13 - 15 years

Participants work in small groups of up to six children with a trained facilitator.

What are the aims of the program?

Children First aims to support children to:
- Understand they are not to blame
- Understand better their feelings about the situation
- Know that others experience similar feelings
- Have an opportunity to share with others who are in a similar situation
- Build up their confidence and self-esteem
- Learn communication and problem solving skills

What happens before the program?

Before the program commences, you and your child will be required to attend an interview with the Program Coordinator to discuss suitability and any relevant issues.

Please note that registration for the program closes 10 days prior to the program commencing.

What happens during the program?

Through a variety of creative activities, children will:
- Look at the changes that have taken place in their lives
- Explore their feelings in relation to their new situation
- Learn about expressing their feelings and communicating them appropriately

What support is there for parents?

At the same time as the children are participating in their groups, a support group is provided for the parents. In this group, you will be encouraged to explore the dynamics of your relationship with your child and their other parent. In a safe and supportive environment, you will learn about communicating and managing conflict with your child.

The other parent will be invited to attend an intake if they wish, as well as an information session to have a good understanding of the program and how best to support their child. They will also have the option of attending a future parents’ group should they wish.

Children’s Comments:

- “I learnt that I am not the only one from a divorced family. How I’m not afraid to talk about my feelings to others. I feel more confident.”
- “I learnt how to let my parents know when I want to talk to them.”
- “I learnt how to stay calm and that some people are just plain silly and there is nothing you can do about it.”
- “I thought it was my fault and I know it wasn’t. I feel much better.”
- “It’s okay to feel sad.”
- “He has lost a lot of his anger. His behaviour has improved out of sight.”
- “Both my children benefited from the sharing of ideas and feelings, as did I in the Parents’ Group.”
- “I didn’t know that I was hurting her so much by asking her to take messages to her mother. She actually said to me ‘How about you tell Mum these things yourself’”

REGISTRATION FORM

Please detach and return to Centacare.

Child’s Surname:

Child’s Given Name: ____________________________ Age: ______

Date of Birth: ________ School Attended: ____________________________ Year: ______

Who will be the attending adult? (Specify relationship): ____________________________

Address: ____________________________ Post Code: __________

Phone: ____________________________ (Home) (Work)

Please circle program for enrolment:
- Tuesday Program
- Holiday Program

Refereed by (please circle): [ ]

Brochure/Book Centacare Counsellor CIVAS
Community Organisation Family Court Friend
Health Professionals Relationships Australia Qld
Schools Solicitor Television/Radio/Newspaper

Cost: $75 for one child - $75 for each additional child.

Concession available (e.g. Health Care Card)

Please send by the first day of the program.

As an expression of your interest, please complete and return this form to Centacare:

Children First

PO Box 249 Fortitude Valley QLD 4006

Or Email: CFFRS.ClientEnrol@bne.centacare.net.au

VENUE & DATES

Centacare Family & Relationship Services
88 Morgan Street
Fortitude Valley QLD 4006
Ph: (07) 3252 4371

Family separation needs to have occurred at least 6 months prior to doing course

Tuesday Programs

Time: 4pm-6pm
Dates: Commences 18th February 2014
5 weeks co-educationally

Time: 4pm-6pm
Dates: Commences 6th May 2014
5 weeks co-educationally

School Holiday Programs

Time: 10:00 am - 12 noon
Dates: Monday-Friday
July 7-11

October 2014

Time: 10:00 am - 12 noon
Dates: Monday-Friday
September 29-3rd Oct

CREDIT

Queensland Government Department of Communities
This program is supported by the Queensland Government Department of Communities and the Australian Government Dept of Families, Housing, Community Services and Medicare Affairs. Other support is provided by the Catholic Archdiocese of Brisbane and through fees and donations.